

## BE SAFE AT THE BEACH

The ocean can be dangerous at any time of the year and in any location. Every year people drown because they do not understand the dangers posed by the massive power and strength of ocean waters. The most important lesson? Learn to swim (before you go) and never swim alone!



### Ocean Safety Tips

- Always keep an eye on the surf—Large waves can hit the shore without warning, crashing much farther up the beach than normal waves. They can knock down both children and adults and drag them into deep water.
- On steep beaches, be wary of backwash—Even normal waves can create a dangerous rush of water that can knock you off your feet and pull you out into the ocean.
- Do not dive headfirst into the surf—Divers may hit hidden rocks or the shallow bottom, resulting in paralysis or death.
- Know what a rip current is and how to free yourself if caught in one.

## RIP CURRENTS

A rip current is a channel of water flowing away from shore. Rip currents, which are quite common, will typically form at breaks in sandbars or near structures, such as piers. A rip current can be very narrow or may be more than 50 yards wide. They can quickly increase in speed and therefore may change from moment to moment in terms of the threat they pose to swimmers and waders. The average speed of a rip current is one to two feet per second, but they have been found to be as fast as eight feet per second—faster than an Olympic swimmer! As such, they can carry even the strongest swimmer out to sea, sometimes just beyond the line of breaking waves and other times possibly hundreds of yards offshore.

If you find yourself caught in a rip current the first thing to do is stay calm and don't try to fight the current—it will win, not you. Instead, escape the current by swimming in a direction parallel to the shoreline. When you are free of the current, swim away from the rip current and at an angle toward the shore.



### Discover the many states of California.™

**CAMPING RESERVATIONS:** You may make camping reservations by calling (800) 444-7275 (TTY 800-274-7275). To make online reservations, visit our website at [www.parks.ca.gov](http://www.parks.ca.gov).  
**ALTERNATE FORMAT:** This publication is available in alternate formats by contacting the Communications Office at (800) 777-0369, 711, TTY relay service.



# San Elijo State Beach

2050 South Coast Hwy 101 • Cardiff, CA 92007 • (760) 753-5091

This popular oceanfront campground is located between Encinitas and Solana Beach; 40 miles north of San Diego. Stairs lead to the beach. For more information, visit the California State Parks web site at [www.parks.ca.gov](http://www.parks.ca.gov).

**PARK FEES** are due and payable upon entry into the park. Use the self-registration system if the entrance station is closed. Campsite fee covers one vehicle. Extra vehicle fees are collected upon arrival.

**OCCUPANCY:** Only eight people and three vehicles per site. No equipment in the planted areas please.

**VEHICLE PARKING:** Vehicles must be parked in assigned campsite; Not on the roadway, in the planted area or beyond the campsite number. Only 3 licensed vehicles (includes motor cycles/trailers/RVs) are allowed per campsite.

**VISITORS:** Non-registered guests must exit by 10 p.m. Twenty (20) minute passes may be issued at the entrance to allow equipment/visitor drop off and pick up.

**CHECK-OUT TIME** is noon. Please leave site clean and on time. Check-in time is 2 p.m. Sorry, No exceptions.

**RE-REGISTRATION:** If you want to re-register, you must contact the entrance station before 9 a.m. the morning you are due out. Re-registration is not guaranteed.

**HOOK-UP SITES:** Two vehicles maximum. Only one RV (motor home, trailer, tent trailer, van) per site.

**SPEED LIMIT:** The speed limit is 15 mph. Use good judgment. Children at play!

**PETS/DOGS:** Must be kept on a leash no longer than six feet and under physical control at all times. They are not permitted on the beach. Pets/dogs must be confined to a

vehicle or tent at night. Noisy/vicious animals are not allowed. Please clean-up after your animal.

**CAMP STORE:** Open April through October; firewood, ice, groceries. (760) 436-6601.

**FIRES AND FIREWOOD:** Fires are allowed only in established fire rings. NO beach fires. Do not leave campfires unattended. All plants are protected. Do not cut or attach items to plants.





**GENERATORS:** 10 a.m. to 8 p.m.

**QUIET HOURS** are from 10 p.m. to 6 a.m. Please be considerate.

**NOISE:** Radios and other sound-producing devices must not be audible beyond your immediate campsite, regardless of the time of day or night.

**CURFEW:** All visitors under the age of 18 must be in their campsites between 10 p.m. – 6 a.m.

**ALCOHOL** and glass containers are NOT allowed on the beach or beyond your campsite.

**PLANTS:** All plants are protected. Do not cut, or attach items to plants. Do not damage berm or place equipment in plant area between campsites.

**TRUCKS:** Passengers may not ride in the beds of pick-up trucks (including those with camper shells). California Vehicle Code laws apply.



**THEFT WARNING:** Keep your vehicles locked and your valuables out of sight. Report any suspicious activity to the park staff.

**BICYCLES:** Are allowed only on paved roads. Bicycle riders under age 18 must wear a helmet. Bicycles ridden after dark must have a light. Please ride safely.

**HANDICAP ACCESSIBLE** campsites are sites are

4, 26, 58, 92, 143, 164. Restroom/shower buildings have accessible facilities. Prior to arrival, if you need assistance call (760) 753-5091.

**INTERPRETIVE PROGRAMS:** Ask staff about upcoming programs

**LIFEGUARDS:** In addition to mobile lifeguards: Summer-towers staffed 10 a.m.–6 p.m.; Spring/Fall–limited tower staffing; Winter (Nov-March)–no towers

staffed. Ask about current conditions/beach safety before you swim!

**GARBAGE:** Household garbage only. Please take your large items (chairs, carpet, boxes, etc) home.

**RECYCLE:** Recycle bins provided for your aluminum cans and plastic bottles. It supports the Junior Ranger programs!

**SQUIRRELS:** Don't feed them. It promotes disease, overpopulation and property damage.

**NO SUBSTANCE** (Comet, Ajax, Diatomaceous Earth, etc.) may be scattered on the ground. They poison nearby plants, marine life, and are harmful to children and adults on direct contact.

**WI-FI Service:** San Elijo State Beach now offers AT&T Wi-Fi Service! This service enables park visitors with wireless enabled laptop computers or personal digital assistants (PDAs) to access the Internet. You can access this service if you are within a 150 foot range of the camp store.

**LEGEND**

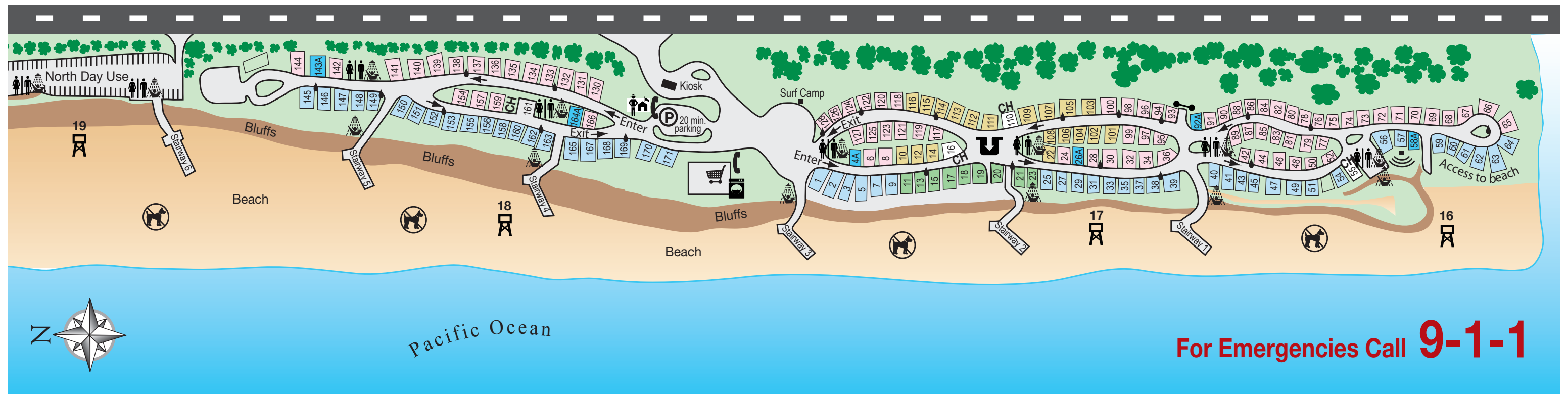
- Accessible Feature
- Campfire
- Camp Host Site
- Campsite Office
- Laundry
- Lifeguard Tower
- Look-Out Point
- No Dogs Allowed
- Restrooms
- Road
- RV Sanitation Station
- Stairs
- Store
- Telephone
- Walk-In Gate
- Water Faucets

# San Elijo State Beach Campground

Your Site # \_\_\_\_\_

**NORTH END SITES 130-171**

**SOUTH END SITES 1-128**



**For Emergencies Call 9-1-1**

- INLAND NON-HOOK UP
- OCEAN NON-HOOK UP
- INLAND HOOK UP
- OCEAN HOOK UP
- A ACCESSIBLE PAVED SITE
- CH CAMP HOST

Maps not to scale