

# mountain bike trails

- BEGINNER (30%)
- INTERMEDIATE (35%)
- ◆ EXPERT (35%)
- ★ VIEW POINT
- Ⓢ SKILLS AREA
- Ⓟ PARKING 334-5741

- Cross Country (XC) Race Course 6.1 km
- Discovery Trail 4.4 km
- Quick & Dirty 0.4 km
- Big Brother 2.3 km
- Finger Trail 5.8 km
- MMT 2.0 km
- Monster Hawk Connector 0.8 km
- Time Warp 2 km
- ◆ Blue Vein 0.4 km
- ◆ Crusher 1.5 km
- ◆ Evil Eye 1.1 km
- ◆ Helter Skelter 1.7 km
- ◆ Hidden Alley 0.9 km
- ◆ Hustler 1.6 km
- ◆ Monster Mile 2.0 km
- ◆ Scratch & Sniff 1.4 km
- ◆ Wizard 1.3 km
- ◆ 4 Cross 0.5 km
- ◆ Slopestyle Course 0.5 km



**MOUNT WASHINGTON**  
  
**BIKE PARK**  
 mounthewashington.ca



**Mountain Bike Responsibility Code**

Mountain biking involves the risk of injury. Common sense and caution can reduce the risk. For your safety and the safety of others, please adhere to this code.

- 1 Ride in control and within your ability level. You must be able to avoid other people or objects.
- 2 Stay off the lifts and trails and out of the Bike Park if your ability is impaired by drugs, alcohol or fatigue.
- 3 Wear a helmet. It is mandatory. Other protective equipment is strongly recommended.
- 4 Inspect your bike or have it checked by a qualified bike mechanic before you ride.
- 5 Be sure you have the physical dexterity, ability and knowledge to safely load, ride and unload lifts. Ask the Lift Attendant for assistance if you need it.
- 6 Be aware of changing conditions on trails and features. Inspect features before use and throughout the day.
- 7 Stay on marked trails. Ride only in the direction indicated by trail markers. Obey all signs and warnings. Do not cut switchbacks. Keep off closed areas.
- 8 Avoid riders ahead of you. They have the right of way.
- 9 Look uphill and yield to other riders when entering a trail or starting downhill.
- 10 Do not stop where you obstruct a trail or are not visible from above.
- 11 If you are involved in or witness a collision or accident, you must identify yourself to the Bike Patrol or a staff member.
- 12 Do not feed, provoke or approach wildlife.

**Know the Code • Be Safety Conscious**  
**It is Your Responsibility**  
 Park privileges will be revoked for breach of this code.

HAVERS DESIGN / PRINTED IN CANADA

