







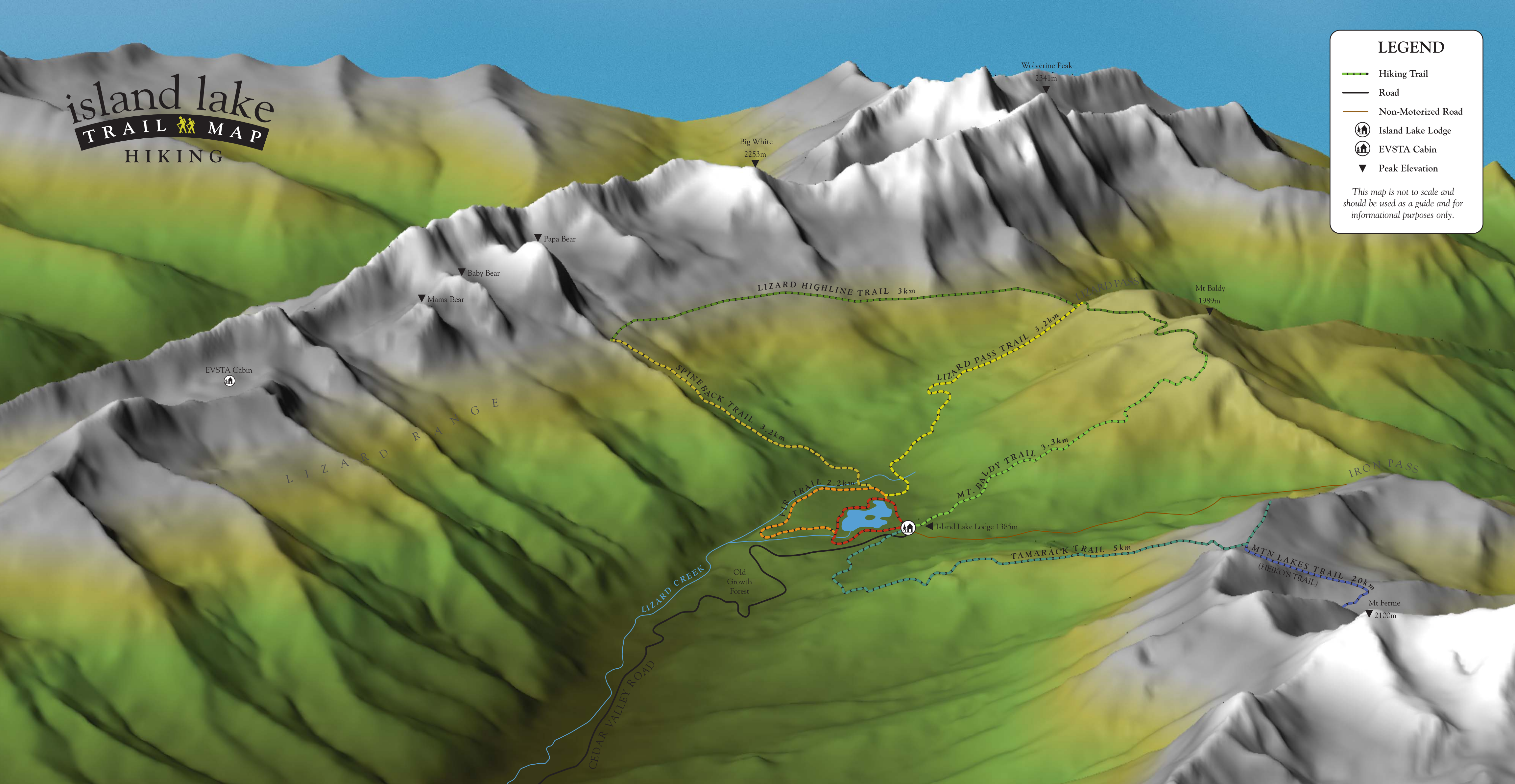
island lake TRAIL MAP

HIKING

LEGEND

-  Hiking Trail
-  Road
-  Non-Motorized Road
-  Island Lake Lodge
-  EVSTA Cabin
-  Peak Elevation

This map is not to scale and should be used as a guide and for informational purposes only.



Lake Trail	Fir Trail	Lizard Highline Trail	Spineback Trail	Mount Baldy Trail	The Baldy Loop	Tamarack Trail	Mtn Lakes Trail
<p><i>Rating: Easy</i> Hiking Time: 45-60 Length: 2.2km Maximum Elevation: 1385m Minimum Elevation: 1370m</p>	<p><i>Rating: Easy-Moderate</i> Hiking Time: 1-2 hours Length: 3km Maximum Elevation: 1900m Minimum Elevation: 1370m</p>	<p><i>Rating: Moderate-Advanced</i> Hiking Time: 3-6 hours Length: 3km Maximum Elevation: 1900m Minimum Elevation: 1370m</p> <p style="text-align: right; color: #f1c40f;"><i>Completed Summer 2006</i></p>	<p><i>Rating: Moderate</i> Hiking Time: 2-3 hours Length: 3.2km Maximum Elevation: 1800m Minimum Elevation: 1370m</p>	<p><i>Rating: Moderate</i> Hiking Time: 1-3 hours Length: 3.3km Maximum Elevation: 1965m Minimum Elevation: 1385m</p>	<p><i>Rating: Moderate-Advanced</i> Hiking Time: 3-6 hours Length: 10.5km Maximum Elevation: 1965m Minimum Elevation: 1385m</p>	<p><i>Rating: Moderate-Advanced</i> Hiking Time: 2-4 hours Length: 5km Maximum Elevation: 2040m Minimum Elevation: 1385m</p>	<p><i>Rating: Very Difficult</i> Hiking Time: 8-12 hours Length: 20+km Maximum Elevation: 2286m Minimum Elevation: 1981m</p>
<p>Return: This trail is a loop and can be done in either direction from the lodge.</p> <p>Access: Begin at the trail sign on the south side of the Bear Lodge.</p> <p>Highlights: The Lake Trail offers a gentle hike around our namesake, Island Lake. A great choice for a stroll following lunch or dinner, or when your time is limited. The loop can be completed in either direction and offers a variety of flora and fauna.</p>	<p>Return: This trail is a loop and will return you to the lodge.</p> <p>Access: Begin as for the Lake Trail and then follow signs for the Fir Trail.</p> <p>Highlights: Discover firsthand the legendary old growth forest of the Cedar Valley. Mature cedar, larch and Douglas Fir stand guard along this majestic trail. The Fir Trail may also be combined with the Lake Trail.</p>	<p>Access: Begin as for the Lake and Fir Trails, via the west end of Island Lake. From this point follow the signage marked Spineback.</p> <p>Near the top of the Spineback Trail the Lizard Highline Trail branches to the right and then gently contours west to Lizard Pass. From Lizard Pass follow the signs to the Lodge.</p> <p>Highlights: The Lizard Highline Trail offers a wonderful circuit in our alpine environment! Traversing directly below the peaks of the Lizard Range, this route provides access to scrambles and climbs in the alpine bowls for those looking to travel off the beaten path. Majestic views of the valley is just one of the spectacular sites as you wander through alpine meadows and rocky outcrops.</p>	<p>Return: As per way up.</p> <p>Access: Begin as for the Lake and Fir Trails, via the west end of Island Lake. From this point follow the signage marked Spineback.</p> <p>Highlights: Beginning on the gentle ground of the valley floor, the Spineback Trail soon leaves the marshland habitat and begins a steady climb through mature forest. After 2km the forest canopy is suddenly replaced by beautiful sub-alpine meadows and majestic views! Paralleling the beautiful Spineback Ridge, the trail winds its way up through the Glacier Lilies and Horn Corral Fossils of the sub-alpine meadows, eventually reaching the crest of the Spineback Ridge.</p> <p>Please stay on the established trail system. The meadows are as fragile as they are beautiful!</p>	<p>Return: As per way up, or alternatively continue on and complete the lengthier Baldy Loop.</p> <p>Access: Follow the sign at the west end of the Island Lake Lodge parking area. The trail soon branches right and begins to climb.</p> <p>Highlights: Starting behind the Lodges, the Baldy Trail switchbacks it's way up the south slopes of Mount Baldy. After passing by several old growth Fir trees, the trail enters a post fire ecosystem.</p> <p>Arriving at the north summit of Mount Baldy, hikers are rewarded with an panorama of the entire Island Lake area! Hikers may now choose to return to the Lodge via the way they came, or to extend their outing by completing the Baldy Loop.</p>	<p>Access: Begin by completing the Baldy Trail. From the summit, continue west, following signs for the Baldy Loop. The trail traverses the summit ridge of Mount Baldy, before beginning its descent towards Lizard Pass. From Lizard Pass, follow the Lizard Pass Trail back to the lodge.</p> <p>Highlights: The Baldy Loop traverses the panoramic summit ridge of Mount Baldy, with great views of the Bull River drainage, the Lizard Range and the Cedar Valley. This trail also leads you back via some of Island Lake's legendary winter ski terrain!</p>	<p>Access: From the south east corner of the Cedar Lodge, follow signs for the Tamarack Trail. This trail is used as the finish to the Mountain Lakes Trail.</p> <p>Highlights: The Tamarack trail winds it's way up the south-west slopes of Mount Fernie. Beginning amongst old growth Cedar trees, this trail soon takes you through beautiful stands of mature Tamarack Larch, followed by open grassy slopes and the dramatic rock crags of Mount Fernie.</p> <p>Upon reaching the summit, hikers are richly rewarded with one of the best possible views of the Lizard Range and the entire Island Lake area!</p>	<p>Access: The trail starts 2 km down a cart track, 3km north west of Hartley Lake on the Hartley Creek road below Mount Hosmer.</p> <p>Highlights: Waterfalls, caves, snowfields, big mountain passes this trail is best done as an overnighiter, camping half way and climbing some of the peaks on route.</p> <p>A high level of fitness and route finding skills are required. The Mountain Lakes Trail is a very full day or ideally an overnight experience for advanced hikers only. Hiring a guide is strongly recommended.</p> <p>The Mountain Lakes Trail falls outside of Island Lake's property and is not part of our formal trail network. No trail maintenance occurs beyond our property line.</p>