

**Fernie Nordic Society 2007/2008 Trail System
(Trails on the Fernie Golf Course)**



Fernie Golf and Country Club Trails and **Glen Park Mgt. Trails** (Rodeo Grounds) are located on the north east side of Fernie. The **City of Fernie** dike trail connects the two areas. From Hwy. 3, turn east on 15th St. and follow the signs to the golf course parking lot and clubhouse. The terrain is gently rolling, perfect for beginning skiers or those who want to work on technique. The approximately 12 km of trails are groomed for both skating and classic skiing with the exception of the "View Trail" which is groomed for classic only.

To reach the **Island Lake Lodge Trails**, drive up the Cedar Valley Road towards Island Lake Lodge (off Hwy. 3, south west side of town) past Mount Fernie Provincial Park and continue to the gate and the Island Lake Lodge parking lot. The lower loop offers approximately 5 kilometers of gentle, beautifully groomed trails (both classic and skating). Continue up the road to Island Lake Lodge through old growth forest for more of a workout. The 16 km round trip ski is a steep climb on the way up to the lodge (and a steep descent on the way back!). Once at the lodge, there are another 5 km of groomed trails around the lake with breathtaking views. You can have lunch or a spa at the Lodge Tuesday through Saturday if you make advance reservations; call (250) 423-3700 or (888) 422-8754.

The field adjacent to the Fernie Aquatic Center will be groomed Saturday mornings January through March for the children's programs.

We hope to add more trails to our system as the season progresses.

For current grooming reports, visit our website at www.fernienordic.com