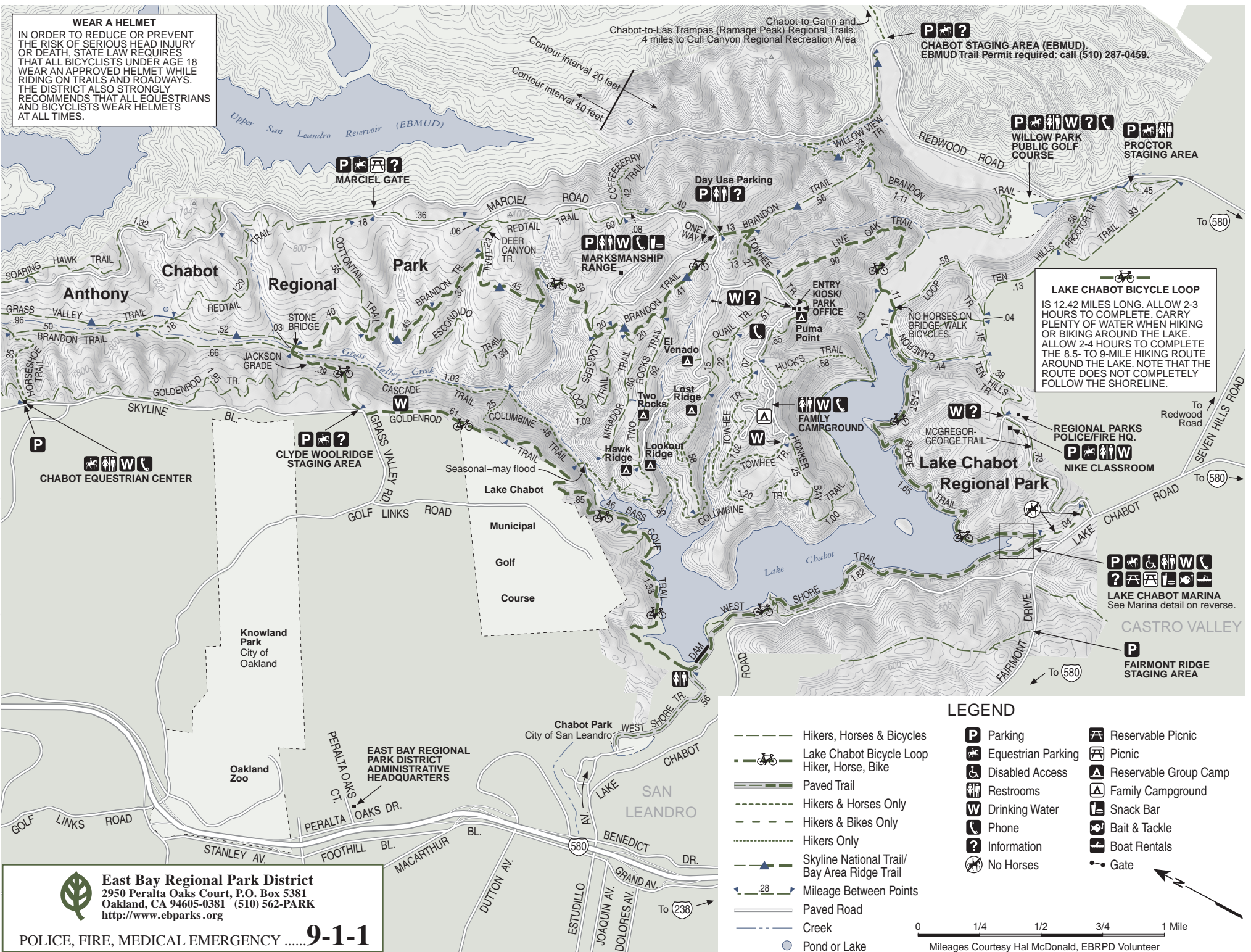


WEAR A HELMET
 IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

For continuation, see Anthony Chabot North.pdf and Lake Chabot.pdf



LAKE CHABOT BICYCLE LOOP
 IS 12.42 MILES LONG. ALLOW 2-3 HOURS TO COMPLETE. CARRY PLENTY OF WATER WHEN HIKING OR BIKING AROUND THE LAKE. ALLOW 2-4 HOURS TO COMPLETE THE 8.5- TO 9-MILE HIKING ROUTE AROUND THE LAKE. NOTE THAT THE ROUTE DOES NOT COMPLETELY FOLLOW THE SHORELINE.

LAKE CHABOT MARINA
 See Marina detail on reverse.

East Bay Regional Park District
 2950 Peralta Oaks Court, P.O. Box 5381
 Oakland, CA 94605-0381 (510) 562-PARK
<http://www.ebparks.org>
POLICE, FIRE, MEDICAL EMERGENCY 9-1-1

LEGEND

- | | | |
|---|-------------------------|-----------------------|
| --- Hikers, Horses & Bicycles | P Parking | Reservable Picnic |
| - - - Lake Chabot Bicycle Loop
Hiker, Horse, Bike | Equestrian Parking | Picnic |
| == Paved Trail | Disabled Access | Reservable Group Camp |
| - - - Hikers & Horses Only | Restrooms | Family Campground |
| - - - Hikers & Bikes Only | W Drinking Water | Snack Bar |
| Hikers Only | Phone | Bait & Tackle |
| - - - Skyline National Trail/
Bay Area Ridge Trail | ? Information | Boat Rentals |
| ▲ Mileage Between Points | No Horses | Gate |
| == Paved Road | | |
| - - - Creek | | |
| ● Pond or Lake | | |
- Mileages Courtesy Hal McDonald, EBRPD Volunteer

